

The Isolationist's Epiphany

13 LESSONS LEARNED FROM REAL FRIENDS

- 1) IT'S OKAY TO TRUST
- 2) TRIALS AND CHALLENGES ARE ALL RELATIVE (AND LOVE CAN BE FOUND THROUGH ALL)
- 3) DON'T GIVE UP ON BEING YOU
- 4) SOMEONE IS ALWAYS THERE
- 5) YOU CAN BE DIFFERENT AND STILL LOVE
- 6) I AM AMAZING AND SPECIAL (YOU ARE!)
- 7) LIFELONG FRIENDS CAN BE MADE IN SECONDS AND UNLIKELY PLACES
- 8) GOOD FRIENDS HELP YOU THROUGH JUST BY BEING
- 9) EVERYTHING HAPPENS FOR A REASON
- 10) I AM VALUABLE TO SOMEONE (YES!)
- 11) HANG IN THERE; EVEN THROUGH THE WORST, THERE IS LIGHT
- 12) YOU DESERVE ALL YOU DESERVE, ESPECIALLY IN LOVE
- 13) BE THERE WHEN IT MATTERS, AS THEY WILL BE FOR ME